

# Turning Times

THE OFFICIAL NEWSLETTER OF THE CASCADE WOODTURNERS



**AUGUST 2020**

**Please make sure that all content for the next newsletter reaches me by the 30<sup>th</sup> of August! [turningwood@bendbroadband.com](mailto:turningwood@bendbroadband.com) Thanks!**

**NEXT MEETING: 6:45PM, THURSDAY, August 20<sup>th</sup> VIA NEW TECHNOLOGY**

## Presidents Message

President's Message: August, 2020

Happy August! Summer has finally arrived in the past couple of weeks and we have a great, professional guest demonstrator coming in August. Cindy Drozda will be our demonstrator! I thought John Beaver's demo on July 16<sup>th</sup> was really excellent. It was a great to be reminded of what a cool innovation John had with his Wave Bowls. Thank you, John!

Please be sure to attend our August meeting on the 20<sup>th</sup>. We will have our usual show and tell, so please provide your photos to Harvey or me for sharing. We have Cindy Drozda demonstrating! I had a chance to see one of her remote demonstrations a few weeks ago, and it was awesome. If you haven't seen Cindy's work, check it out at: <http://www.cindydrozda.com>

We are planning to run our monthly Cascade meetings via Zoom for the foreseeable future for the safety of our membership. I have been working with some of our Cascade Board members to set up a Forum on our website for question and answer from other members in the club. All

credit is due to Harvey and Steve Walgrave on this topic. Check it out and feel free to either ask or answer a question on the forum.

We held the first phase of the Cascade Woodturners online auction in the last few weeks. We had not tried to do an auction online before, so we really didn't know what to expect. I have to say the results were excellent. We had participation from more than 15 different bidders, with several bidders coming back multiple times. In the end we auctioned off 9 different items for a total of just over \$900. I want to thank Dale Larson, Joe Escriva and Eric Lofstrom for their donations to this first phase. I also want to thank Steve Walgrave for helping to set up the Cascade website so it could host our first virtual auction

Soon, we will announce the second phase of our auction. We have a few donations from Cascade members, but we could use many more. Please consider donating a piece that you have made to the Cascade online auction to help us raise funds to keep the club in good financial health. The next phase will include two nice pieces from Eric Lofstrom as well a number of pen, bottle stopper and pepper / salt grinder blanks, some Goby Walnut bowl and spindle blanks and some pieces from our own talented members.

We have had very good participation from members in our monthly Zoom sessions, but please contact Harvey or me if you would like a short, private Zoom meeting to ensure your set up works with Zoom. Just shoot either of us an email and we will set up a meeting and send you the link.

Cascade Woodtuners likes to have a mix of professional, touring demonstrators and we like to showcase some of our local turning talent from CWT and nearby clubs. This year will be no exception, we have possible openings for local demonstrators this Fall. If you would like to step up and do a demonstration or know someone from one of the local clubs that would be a good candidate, please contact me via email – my email address is listed below in this newsletter.

I look forward to seeing each of you online on Thursday, August 20th at 6:45 PM, via Zoom.

Gary Borders  
CWT President  
Email: [gbborders@comcast.net](mailto:gbborders@comcast.net)

## **CASCADE MENTORS**

Need some advice on turning? Unsure of the correct way to sharpen that new gouge? Haven't got to an "Open Shop" session? Here are a group of experienced members that are willing to aid your turning experience.

Skip Burke (Mentor Program Coordinator)	(503) 233-4263	<a href="mailto:drgramp@comcast.net">drgramp@comcast.net</a>
Howard Borer	(503) 901-3401	<a href="mailto:howardborer@yahoo.com">howardborer@yahoo.com</a>
Dave Gutschmidt	(360) 823-9835	<a href="mailto:dave.gutschmidt@mac.com">dave.gutschmidt@mac.com</a>
Mike Meredith	(503) 522-0531	<a href="mailto:mmeredith23@comcast.net">mmeredith23@comcast.net</a>

Anyone interested in mentoring other club members, please contact Skip to be added to the list.



**A reminder** – if you haven't voted in the current AAW election, you have until August 31<sup>st</sup> to submit your ballot. Information is in the August Journal and candidates statements and videos are here: <https://www.woodturner.org/Woodturner/Board-Elections---Other-Voting/Board-Election.aspx>

**Coming August 17<sup>th</sup>** – demonstrator's IRD (interactive remote demonstration) page. I don't have a URL for this yet, but it will be a one stop place to find remote demonstrator events which you can attend. Most demonstrators charge about \$10 to attend. This is a great way to see demonstrations between meetings. As we get deeper into this pandemic and social distancing, this is one way to stay connected. Check you AAW emails for the link.

Kathleen  
woodspinner@gmail.com  
360-241-3378

## DALE'S CORNER

***Open shop set for August 24th at Dale Larson's shop has been cancelled.*** With health officials recommending crowds from not gathering, it seems sensible to not pack 20 people into one shop. With that said, if any member wants help with chain sawing wood, band sawing wood, sharpening tools or some question about turning, please feel free to call me and we will set a time for you to come over to the shop. One on one is simply more relaxed and safer at this time.

Everyone in the Portland woodworking community knows Roger Crooks; president of Northwest Woodturners, and a major figure in most Portland woodworking organizations. A few weeks ago, Roger had a stroke during a surgical procedure. After weeks in an intensive physical therapy institution, he is home now. He remains paralyzed on the right side, although he reports progress in regaining movement. He says he will turn again but that walking probably has to come first. If work can overcome the problem, Roger will be fine and back with us.

I am doing an article on cleaning out your shop. Does anyone have a photo they can share with me of a "messy" or cluttered shop.

SW Washington Woodturners has a new club secretary and he is also the club's newsletter editor. Douglas C. Pizac [doug@pizac.com](mailto:doug@pizac.com)

**Dale**

## SAFETY REMINDER Hot News

### High & Low Weather Summary for the Past Weeks

	Temperature	Humidity	Pressure
<b>High</b>	99 °F (Jul 26, 4:53 pm)	86% (Aug 1, 4:53 am)	30.19 "Hg (Aug 1, 4:53 am)
<b>Low</b>	55 °F (Jul 25, 4:53 am)	12% (Jul 26, 5:53 pm)	29.77 "Hg (Jul 27, 5:53 pm)
<b>Average</b>	72 °F	55%	29.97 "Hg
* Reported Jul 17 9:37 am — Aug 1 9:53 am, Portland. Weather by CustomWeather, © 2020			

Last week we had a 44 degree swing in Portland from one day to the next. **44 degrees!** And the high was **99 degrees**.

My shop does not have air conditioning, but it has been pleasant enough first thing in the morning. By about 11 AM it starts to get warm, and by mid-afternoon it is often too hot for comfort. But of course I *want* to play in my shop. I was about to decide that I should just man up and go play, regardless of the heat, when I Googled “working in hot conditions.”

I first found the really bad stuff like heat stroke and heat exhaustion. These are life-threatening, we all should know about them, and you can read more about them here: <https://www.osha.gov/SLTC/heatstress/>

But I also found three less serious, but important things that will affect my playing when it is hot in my shop. “Hot” can be subjective, but the stuff I found suggests it is “hot” when it's 80 degrees or more. My shop often gets that hot these days, and it sometimes gets into the 90's.

The first thing I found is that people have to get used to working in the heat. That goes by the fancy word “acclimatization.” Acclimatization can take a week or more. While you are getting used to working in the heat, you have to work less. And when the temperature swings rapidly back and forth between hot and cool, like it has recently in Portland, it is harder to get used to

working in the heat because it isn't always hot. OSHA has a rather frightening statistic for people working outdoors: 50% to 70% of fatalities occur in the first few days of working in warm or hot environments because the body needs to build a tolerance to the heat gradually over time. If we are going to work in our hot shops we need to build up our ability to do that slowly over time.

The second thing I found is also kind of scary. Once it gets hot, as it keeps getting hotter people get weaker, people get more fatigued, and people's accuracy, comprehension and retention decline. As one who already grumbles about being weaker, more fatigued and generally more fuzzy-headed than I used to be, I sure don't want any more of that.

The third thing I found is that working in hot environments is harder on older people. This is *particularly startling*, because getting older pretty much makes everything else better.

In summary, playing in a hot shop around heavy, dangerous equipment can be like voluntarily diving headfirst into temporary senility. Not a good, or a safe, thing to do.

Great Google suggests some simple things you can do to reduce the harmful effects of playing in a shop that is too hot:

1. **Build up your ability to play in the heat.** If you aren't used to playing in a hot shop, start out playing significantly less than you want to, and build up your tolerance for the heat slowly. This can take a week or two.
2. **Pace yourself.** Slow down and work at an even pace.
3. **Stay hydrated.** Drink plenty of fluids.
4. **Avoid dehydrating liquids.** Alcohol, coffee, tea and caffeinated soft drinks can hurt more than help.
5. **Take frequent breaks.** Take time out from playing and rest. Ideally, rest in a cooler place.
6. **Use a damp rag.** Wipe your face with it or put it around your neck.
7. **Eat smaller meals.** Eat fruits high in fiber and natural juice. Avoid high protein foods.
8. **Stop playing if you feel funny.** If you are playing in your hot shop and something just doesn't seem right, stop, cool off, and think hard about stopping for the day.

While it stays hot I plan to keep playing in my shop, but do more in the early (ugh!) mornings before it gets hot. When I play in the hot afternoons I plan to spend less time than I want, not do as difficult stuff, and quit as soon as I start to feel funny. I feel no need to rush into senility, temporary or otherwise.

Turn safely and joyfully!  
Harvey Rogers, Safety Officer

## FROM THE BOOK CORNER

Over the years, I have assembled a fine collection of woodturning books. Typically they were special topic books that helped me plan and turn things like segmented, ornaments, boxes and off center turnings. I often pull an interesting one out and re-read it. I have just purchased a book for the second time as it is one of my favorites and I loaned it to someone but cannot remember who. This book is not of the “special turning” kind because it pertains to nearly all turning activities. It is “Fixtures and Chucks” by Doc Green. Doc published this book over nine years ago but it is still very current. This is a great book for new turners and yet has many kernels for the experienced turner. Our club library has a copy if you want to look it over.

Jerry Klug



## CASCADE FORUM

### Q & A Forum for Cascade WoodTurners

The Website for Cascade WoodTurners now has a Question & Answer discussion Forum for all members to ask questions pertaining to woodturning issues, and for all members to respond with their thoughts and perspectives. Pictures can easily be attached to help clarify issues. By using this discussion forum, all members can reap the benefits of our member’s wisdom, as well as appreciate that others may have the same issues and problems as we do.

Only Logged In members may enter questions or replies.

To access this Q & A Forum, once logged in, go to the ‘Members Only’ segment (in the horizontal menu under the ‘Cascade WoodTurners Association’ banner) and click on ‘Forums’, and then on the ‘Q & A’. (Other forums are planned for our future)

Many different ‘Topics’ can/will be listed, with the latest topic entered at the top of the list. Members can select a Topic to read and/or Reply, or they can create a New Topic for discussion. For those members interested in these discussions, at the top of the discussion page, there is a ‘Subscribe/UnSubscribe’ button. By subscribing, the member will get an Email notifying them of additions to the Q & A discussion forum, either new questions or new replies, and then at their leisure they can review the new input.

We hope that this addition will be of benefit to all our members and help us grow our skills and the craft. Feedback and comments are always welcome.

Steve Walgrave

## MEETING SCHEDULE 2020

DATE	DEMONSTRATOR	
AUG 20	<b>Cindy Drozda</b>	<i>Zoom meeting</i>
SEP 17	<b>TBD</b>	
OCT 15	<b>TBD</b>	
NOV 19	<b>Brian Harte</b>	
DEC	<b>No Meeting</b>	<i>Merry Christmas</i>

\*\* Plan on an all day demo and an all day hands on class following the meeting date

## COMING EVENTS

### August

Cascade meeting – Cindy Drozda demo via Zoom - August 20th

### September

Woodturners Worldwide conference September 24<sup>th</sup> – 26<sup>th</sup> <https://www.woodturnersworldwide.com/>



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## DEMOS - CLASSES – SEMINARS

*-Due to the Coronavirus cancellations check to see if the MAC is open or if our woodturning stores are still open and having classes or demos-*

**Multnomah Arts Center:** Multnomah Arts Center in SW Portland continues to have woodturning classes. Check their catalog or phone 503 823 2787. You can goggle their website for the catalog. Jerry Harris and Russ Coker are again teaching woodturning at "Multnomah Arts Center". If you are interested, please contact Multnomah Arts Center at 503 823 2787. The cost is very reasonable and all tools, wood and equipment is provided. The woodturning classes that I teach at the Multnomah Arts Center in SW Portland continue to be only partially filled. There are 6 places and we have only been having 2 to 4 students. The costs for the classes are very reasonable and we provide tools, equipment and wood. No coffee but Starbucks is just across the street. Thanks, Jerry Harris

**Rockler Woodworking** 503-672-7266, [www.rockler.com](http://www.rockler.com)

- Contact store for class details

**Woodcraft** 503-684-1428, [www.woodcraft.com](http://www.woodcraft.com)

- Contact store for class details

**Woodcrafters** 503-231-0226, 212 NE 6th Ave, Portland, [www.woodcrafters.us](http://www.woodcrafters.us)

- Contact store for demo details

## COMPANY STORE

*The Store will be carrying a second type of Sheet Abrasive for our members.*

*Keeping the Klingspor quality while offering a new line of sandpaper. Which will reduce your cost of sandpaper and decrease your lathe time. We are currently offering Silicon Carbide (wet and dry), as of the next meeting you can purchase Aluminum Oxide in sheets of 9" x 11" and 80 to 400 grit.*

Through the club, we purchase many items that are commonly used by woodturners. We buy in bulk and sell at cost. Just another benefit of being a member of Cascade Woodturners! If a number of members want a certain item, we could be low on it. Please contact Russ Coker, (503) 701-2508 [racoker@comcast.net](mailto:racoker@comcast.net) a week ahead of the meeting so he could verify it is not out of stock and set it aside for you. *During the Coronavirus interruption, Russ can supply sandpaper, glue and walnut oil from his abode. Call and discuss the transaction.*

## Price List

<b>Sandpaper</b>	
<b>Black</b> KL 385 J-Flex Heavy cloth backing	
80   100   120   150   180   220   240   320   400   600 grits	<b>1.50</b>
<b>White</b> PS-33 paper backing	
80   100   120   150   180   220   240   320   400 grits	<b>0.80</b>
4" x 6" 12 Pack Sandpaper (1/4" sheet)	<b>2.50 Per Pack</b>



<b>Cyanoacrylate (Ca) Glue (2 oz)</b>	<b>7.00</b>
Thin Super Fast EM-02	
Medium EM-150	
Thick Gel EM-2000	
Medium Thick EM-600	
<b>Ca. Accelerator (8oz) pump spray</b>	<b>9.00</b>
<b>Large Ca. Glue (16oz)</b>	<b>33.00</b>
Super Fast Thin EM-02	
<b>Gel De-bonder (2 oz)</b>	<b>7.00</b>
<b>Anchor Seal #2 (1gal)</b>	<b>8.00</b>
<b>Walnut Oil (16oz)</b>	<b>4.00</b>
Tee shirts currently out of stock – Reorder can be made for quantity orders	
Tee Shirts	\$10.00 ea

## CLASSIFIEDS

To place or continue an ad, contact Jerry Klug at [turningwood@bendbroadband.com](mailto:turningwood@bendbroadband.com) . We will run ads in the next newsletter after receiving your ad. Let us know if you want your ad continued more than one month.

**WOOD:** My families long stored this Holly wood cut from a tree yard many years ago and stored in the basement there's only about five pieces left approximately 6 inches across 15 inches long. I would be happy to give it to somebody who could use it in the way it deserves. I live in Northwest Portland near the Fremont Bridge [rachel-hibbard.net](http://rachel-hibbard.net) 3139 N. W. Vaughn St. 503 754-5417 text please

**FOR SALE:** I have a Powermatic 3520b lathe that I am offering for sale at \$2500. I bought it new in 2010 and have been the only user of it in my shop. I can offer a picture of it if necessary. Am working on taking it apart and moving it from my shop, which is hard to get to, to my garage which is easy to get to. Let me know if you need more info. Thanks, Jerry Harris  
503 577 6909

**FREE:** Freshly cut english walnut for free! Bill Daudistel sends the following information about some free, freshly cut english walnut: A neighbor of mine cut down two large english walnut trees last week. The wood is available to anyone who wants some. If anyone is interested they should send him a text at 360-823-7108. His name is Mark, and is located in Hockinson, which is a little south and east of Battle Ground. There are three piles of branches similar to the one in Photo #1. Their lengths vary from a couple

of feet to about ten or twelve feet long. (Bring a chainsaw.) The diameters are anything from 5-8 inches to 12-16 inches.

## CASCADE WOODTURNERS OFFICERS AND CONTACTS

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Safety Officer	Harvey Rogers	(646) 660 3669	<a href="mailto:harveyrogers@gmail.com">harveyrogers@gmail.com</a>
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Video Librarian	Suzanne Jensen	(772) 521-5102	<a href="mailto:suz.jensen@gmail.com">suz.jensen@gmail.com</a>
Librarian	Len Otto	(503) 663-0794	<a href="mailto:Len@HonorYourPast.com">Len@HonorYourPast.com</a>
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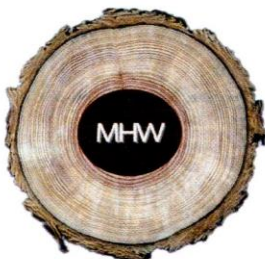
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